

**PARK
LODGE
HAPPENIN'Z
THE 'WHATS
GOING ON'
NEWSLETTER
DECEMBER
2010
EDITION
ISSUE 1**



Contents

Introduction

Resident Profile

Know Your Staff

Recipe of the Month

Agony Uncle

What's On

Happenin'z Word Search

Happenin'z Quiz





Introduction

This is Park Lodge Happenin'z first edition!

The idea for a newsletter originally came from Park Lodge residents.

The name Park Lodge Happenin'z was chosen by the newsletter resident's consultation group.

It is your chance to put some of your ideas on to paper.

As residents move on and new ones arrive there will always be new ideas for the news letter.

If you have any ideas for future newsletters please let staff know!

The newsletter will be released four times a year. Hopefully the next edition will be released by the end of March 2011.

That gives residents plenty of time to come up with lots of ideas!!

Thank you



Resident Profile

Ray Westley

Hello my name is Ray and I am 17 years old. It is my third time back at Park Lodge. I moved to Park lodge in June 2009 and have always felt welcomed by all staff. Since being back at Park Lodge I have been a volunteer for a charity called Focus. I have been a volunteer for a year and a half doing so many activities. I have helped to take part in big events awarding young people for all their hard work. I love volunteering for Focus and I wouldn't change it for the world.

I have also taken part in the Princess Trust, 2 week program making lots of new friends. Whilst on the Princess Trust I went on a week's residential doing things like abseiling, raft building and other team building activities. The Princess Trust team program helped me know what I can do in the future. After the Princess Trust program I went on to do a 12 week football course what helped me gain better skills and fitness. I am currently on a catering course that started in September and am really enjoying it. The latest thing that I made was bread which I bought back to share with the residents and staff at Park Lodge. I hope that in 10 years with time effort and confidence I can become a chef.



Know Your Staff

Dale Bramley - Waking Night Worker

My names Dale and I'm the newest addition to Park Lodge.

I am 37 years old and was born in Beaumont Leys, Leicester. I studied at Coventry University and gained a Science degree in 2000. Shortly after I moved to London where I worked in sales and marketing, eventually working within Microsoft's Europe Middle East & African marketing team. After 5 years I moved back to Leicester and took a job teaching at an e2e centre, then moving on to work with the Leicestershire County Council, Youth Offending Service. I am still a volunteer for the City Council Youth Offending Service and work with young people who are on final Police warnings.

In my spare time, I love to go to the gym. I am a member of Greens gym and have been there ever since I moved back to Leicester. I love football (although I'm too lazy to play it) and as some of you might have noticed, I love my food. My favorite meal is to eat a whole roast chicken on its own! My favorite music is funky house and I am known on occasions to enjoy a bit of a dance (although friends tell me it's not a pretty sight). I will be shortly moving onto a canal boat to live.



Recipe of the month
Chef Burrows Recipe of the Month
The Park Lodge Chicken Curry

Ingredients - Chicken thighs, tinned chopped tomatoes, onions, tomato puree, salt, pepper, chili powder and oregano.

Method

Half cook chicken in the oven

Put onions in a pan with butter until the butter has melted into the onions or until onions have turned brown.

Then put the tinned tomatoes and half cooked chicken in a pan with the onions and stir until thick.

Add salt and pepper to taste.

Add chili powder and oregano to taste.

If needed add some tomato puree.

When I do this curry I add some boiled rice.

Method

Put rice in pan.

Cover rice with water.

Add pinch of salt.

Keep stirring until boil.



Agony Uncle
Matt Turrell



Q.A resident keeps coming in late drunk and keeps me up all night. What do I do?

A.Everybody is allowed a few drinks! Jokes aside, if it's a big problem to you, then ask a member of staff and they will discreetly tell the resident to be respectful to others but if it carries on then make a complaint. If it still carries on then tell the manager.

Q.I'm worried about how much alcohol I'm drinking and want to stop, what advice can you give me?

A.If you're worried, talk to your link worker and tell her/him that you're worried and they should help you to sort out your problem.

Q.There's a lot of back stabbing going on with residents which is making me feel uncomfortable.

A.Stuff happens! Jokes. Don't forget that you live with a number of people so stuff like this is going to happen, but if it makes you uncomfortable, then take yourself out of the situation and keep your thoughts to yourself.

What's on at Park Lodge over Christmas?

25.11.2010: Jade and Chantelle's Quiz Night

02.12.2010: Making Christmas Decorations

06.12.2010: Making Christmas Cookies & Cakes

07.12.2010: Residents Meal Out – The Real China

10.12.2010: Making Calendars

14.12.2010: Making Christmas Cards

16.12.2010: Activity to be confirmed

17.12.2010: Activity to be confirmed

25.12.2010: Residents Christmas Dinner

26.12.2010: Residents Boxing Day Breakfast

31.12.2010: New Years Eve Takeaway



Happenin'z Word search



Created by Drew Birkett

B	A	B	C	E	E	C	G	A	I	H	O	M	E	L	E	S	S	U	S	E	Y	O	U	S	M	E	Y
U	C	B	E	D	G	F	I	H	K	J	M	L	O	N	Q	P	S	R	U	T	W	V	A	X	B	C	O
D	R	U	G	S	T	W	A	U	O	Y	K	S	M	S	O	E	Q	L	S	B	U	L	W	L	Y	D	U
G	A	D	B	E	T	H	E	C	O	N	N	E	C	T	T	W	Y	N	O	B	B	Y	Z	F	G	Z	T
E	L	E	S	L	H	E	G	N	N	Y	U	A	O	B	N	O	A	M	Y	U	U	S	I	N	O	L	H
T	A	T	T	F	B	E	O	I	G	O	W	S	K	U	U	R	I	S	B	I	L	I	N	G	C	O	O
I	T	R	U	H	E	T	S	H	Y	O	T	B	Z	F	G	R	C	K	N	T	L	U	R	S	E	S	F
N	Z	E	B	A	M	A	O	F	O	U	Y	E	B	E	N	D	O	R	T	E	Y	U	K	C	S	L	F
G	R	A	L	R	O	T	C	L	B	E	N	D	M	Y	C	H	E	A	S	E	I	Y	F	O	A	M	E
E	S	K	Y	M	Z	K	I	N	T	H	E	P	L	A	C	E	O	U	T	K	N	J	A	W	I	L	N
S	I	I	E	D	A	Y	A	O	A	D	I	O	U	N	N	O	T	T	N	O	G	S	T	I	N	L	D
S	C	L	S	S	U	C	L	T	M	N	C	W	L	T	T	D	H	W	O	U	L	D	I	B	C	A	I
Y	S	L	T	K	E	D	S	S	X	T	I	O	E	W	T	O	A	W	G	O	T	I	S	U	S	E	N
O	C	S	E	T	O	B	E	N	T	S	A	N	U	A	B	F	S	U	E	S	B	A	B	S	I	L	G
U	A	H	R	E	H	O	R	P	P	U	S	S	D	N	C	A	Y	A	R	S	M	A	S	H	E	V	O
S	B	N	I	E	S	T	V	Q	U	E	S	X	T	I	C	M	S	O	F	U	K	Y	A	M	E	D	U
T	T	W	I	L	T	H	I	R	H	I	S	S	N	O	Z	I	L	O	E	S	R	O	H	L	A	M	P
I	S	Y	O	U	O	L	C	S	I	S	G	P	T	S	I	L	L	Y	D	C	A	T	P	O	W	M	S
N	N	A	T	T	H	B	E	T	O	O	D	O	S	N	O	Y	L	T	U	N	O	I	L	H	I	R	O
K	Q	E	N	D	O	F	E	U	T	O	B	R	W	I	N	O	M	I	Z	E	B	R	A	O	T	U	S
O	P	T	H	E	D	A	Y	N	E	F	A	I	R	A	L	P	Z	I	Z	O	U	T	H	C	A	Y	O
F	Z	Y	O	U	B	U	L	V	N	N	Y	T	F	O	B	S	F	A	S	U	S	T	T	L	L	I	N
P	V	L	I	E	D	M	E	W	W	A	T	O	E	N	D	F	A	G	M	B	S	R	N	A	I	I	T
O	P	O	L	I	C	E	S	X	D	I	O	P	P	Y	F	O	R	T	O	S	U	O	D	E	F	S	H
O	N	C	A	N	D	O	O	Y	E	D	P	E	R	E	V	N	A	T	K	T	C	M	R	S	T	R	I
P	T	O	N	Y	O	U	L	Z	O	P	L	A	U	N	E	T	O	B	I	Y	O	T	O	N	U	F	O
Z	N	E	O	R	I	W	I	B	I	T	E	O	N	E	S	T	V	E	N	U	R	N	B	A	P	B	E
Y	X	B	A	N	G	Y	L	L	S	E	L	F	H	A	R	M	I	N	G	B	U	P	Q	U	N	O	W

Budgeting

Youth Offending

Homeless

Alcohol

Connect

Children

Smoking

Silly

Drugs

Self Harming

Bullying

Social Services

Police

Food

Council

Quiz

Question 1

What is traditionally hidden in the Christmas pudding?

- **A: a coin**
- **B: a watch**
- **C: a pair of dice**

Question 2

What animals traditionally pull Santa's sleigh?

- **A: cats**
- **B: guinea pigs**
- **C: reindeer**

Question 3

How many days are there traditionally on a advent calendar?

- **A: 24**
- **B: 25**
- **C: 31**

Question 4

According to the song, how many days of Christmas are there?

- **A: 3**
- **B: 9**
- **C: 12**

Question 5

What is the last day of Christmas called?

- **A: 3**
- **B: 9**
- **C: 12**

Question 6

How did Boxing Day get its name?

- **A: Lots of boxing matches took place**
- **B: Christmas boxes were used to collect money for workers which was shared equally among them after the holiday**
- **C: Children would play hide and seek in the boxes**

Question 7

What fruit is used to make traditional Christingle?

- **A: Peach**
- **B: Pear**
- **C: Orange**

Question 8

What flower is traditionally connected with Christmas?

- **A: Daisy**
- **B: Daffodil**
- **C: Poinsettia**

Question 9

Why do we shorten Christmas to xmas?

- **A: We're really lazy**
- **B: X is the first letter of the Greek word for Christ**
- **C: X looks like a snowflake**

Question 10

What do people traditionally do under mistletoe?

- **A: Sing**
- **B: Kiss**
- **C: Dance**

Question 11

Which royal couple started off the fashion for Christmas trees?

- **A: King Henry VIII and Anne Boleyn**
- **B: Queen Victoria and prince Albert**
- **C: Prince Charles and Princess Diana**

Question 12

Who wrote a Christmas Carol?

- **A: Phillip Pullman**
- **B: Charles Dickens**
- **C: JK Rowling**

HOW WELL DID YOU DO? ANSEWRS ON THE BACK PAGE

**Have a Happy Christmas and a Great New
Year!!!!!!**

1A, 2C, 3A, 4C, 5B, 6B, 7C, 8C, 9B, 10B, 11B, 12B



ART-TLC