



PARK LODGE  
HAPPENIN'Z  
THE 'WHAT'S  
GOING ON  
NEWSLETTER'  
APRIL 2011  
EDITION  
ISSUE 2



# Contents

Introduction

Residents College Course

A Day Out To Old Trafford and  
Anfield Football Grounds

How To Make The Perfect Pizza

Easter Egg Hunt

Residents Profile

Sudoku

Agony Corner

Staff Profile

Poem

Interview

Thank You



Resident College Course  
Animal care Introduction - Level 1 (Brooksby  
College, Melton)



By Kim Lound

My name is Kim Lound and I am 18 years of age. On my course I study a lot of subjects, some I like and some I don't like. I study Math's and English which are ok, but can be a bit boring sometimes. My favourite subjects are Animal Care where I get to look after dogs, cats, rabbits, hamsters, rats, ferrets, goats and donkeys. Equine is a good subject too. I work with horses, feeding them, grooming them and preparing them for riding although we don't get to ride them. I like Enrichment as well. This is like a woodwork course. I am making a bee's house at the minute which is good fun.

My worst subject is Farm Animals which is looking after pigs, sheep and cows. The worst part of this is that I have to help clean out the animals. It is not nice. In Wildlife and Conservation we go to Hill Farm where I pick up litter and pull weeds. This is really hard work, but the area looks nice after we have finished.



# A Day Out With Social Services, Visiting Old Trafford and Anfield Football Grounds.



**Matthew Turrell**

My name is Matt and I have been at Park Lodge for 8 months. Unfortunately, the day was never going to be great as I am an avid Leicester City fan, but a free trip is a free trip! Anybody that knows me understands that it takes a bucket of water to get me up in the morning, so having to get up at 7:30 was a bit of a micky take.

First, we went to one of the most legendary stadiums and the home of Liverpool football club Anfield. The stadium didn't look too great. In my opinion the Walkers stadium is better, but then I would say that! We went to the changing rooms which were basic, but there is a reason for that, it's due to the history of the club and that Liverpool FC believe in tradition, which is why most of the rooms at Anfield are basic. Whilst in the changing room I got to sit in one of my footballing hero's seats, Steven Gerrard. I had a really nice time at Anfield, but now it was time to make the journey to Manchester and Old Trafford. Interesting Fact About Anfield - The home changing room at Anfield is sound proofed, where as the away

changing room is not. This is so the away team can hear the fans chanting and as Liverpool are known for their loud fans it is intimidating for the away team.

I arrived at Old Trafford at about 3:30. When I saw the ground, I thought this is the 3<sup>rd</sup> most beautiful ground in England, after Wembley and of course the Walkers Stadium! We had a look in the museum then started the tour. We went into rooms like the players lounge and the home changing room where I sat in Wayne Rooney's seat. I also noticed that there was a big plastic cover over the Plasma screen TV. I thought to Myself, that was just in case Sir Alex Ferguson threw one of his famous strops. I got to run down the tunnel and sit in the players/managers and coaches dugout. Then I went to the Manchester United Megastore which is in the ground and the largest Megastore in Europe. It was then time to go home to the greatest city in the world, Leicester City, just like their football team. Interesting Fact about Manchester United - At Old Trafford, within one of the stands, there are some Police cells. Manchester United are just one of a few teams to have this feature in their stadium.



# How to make the perfect pizza

## Ingredients



- 1 cup plain flour
- 1 teaspoon dried yeast
  - Pinch salt
- 2 teaspoons extra virgin olive oil
  - 5 tablespoons warm water
- Extra flour for dusting rolling pin
  - 140g tub pizza sauce
- 1 cup grated cheese (1/2 cheddar, 1/2 mozzarella)

## Method

Combine the flour, yeast and salt in a bowl. Make a well in the centre of the mixture. Add the oil and water and use a wooden spoon to combine until a dough almost forms.

Turn the mixture out onto a lightly floured surface. Use the palm of your hand to knead

the dough for 2-3 minutes or until smooth. Place into a lightly oiled bowl, cover with plastic wrap and set aside for 1 hour, or until the dough doubles in size.

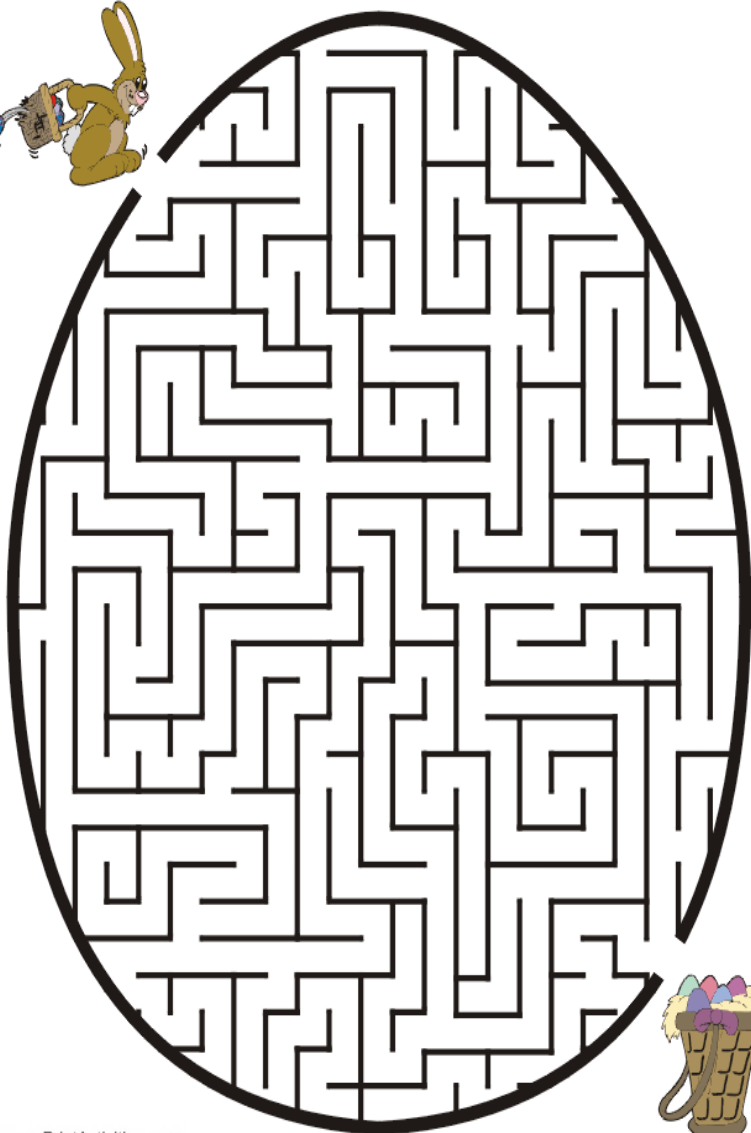
Preheat oven to 240°C. Use your fist to punch down the dough. Knead until smooth. Using a lightly floured rolling pin, roll the dough out until big enough to line a lightly greased 27cm pizza tray.

Spread Tomato puree over pizza, then sprinkle cheese with any topping of your choice then bake for 15-20 mins till the cheese is golden and base is crispy

By Ray Westley



# Easter Egg Hunt





## Resident Profile – Joe Marsh

My name is Joe and I'm 20. I moved into Park Lodge, September last year and have thoroughly enjoyed my time here. The support that I have received from the staff has helped me to be a more organized and motivated person and without Park Lodge I would probably be fed up with my life and would be going nowhere. I have made good friends here and will miss everybody at Park Lodge when I leave

Some people may look at me and think I am the typical chavy teenager, but you may not know that I like reading. I go to the library most days to read the Daily Telegraph. I also have an interest and am a proud Englishman. I would like to join the Army to serve my country and possibly join the police afterwards to serve the community. I'm currently on an 8 week course with the focus, a charity that helps young people get into volunteering and helps them to find work. I am really enjoying it.

Before Park Lodge, I was struggling to find somewhere to live and had been turned down by other supported accommodations and so I would like to say a very big thank you to Park Lodge for giving me a chance when others wouldn't

Joe



# Ainsley's Sudoku

	5					9		
				4	3	2		
	2	3	8		9			
6				2		8		9
3	9						1	3
8		7		1				
			2		4	3	8	
		9	6	7				
		1					9	



## Kyle + Ainsley's Agony Corner

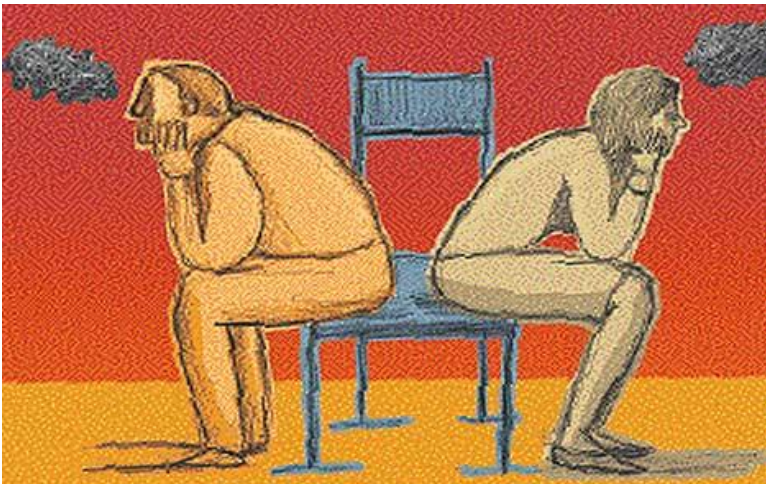
Q. Dear Kyle and Ainsley, I've been going out with my boyfriend for nearly two months now. He's quite a bit older than me (I'm 16 and he's 21), but I really like him. He keeps talking to me about sex. I'm not ready to sleep with him yet, but am worried that if I don't, he might fall out with me. What should I do?

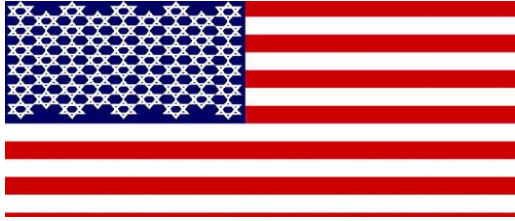
Kyle and Ainsley say: You should never feel pressured into doing something that you don't want to. If your boyfriend doesn't like the fact you don't want to have sex with him yet, then he is not the right person for you.

Q. Dear Kyle and Ainsley, I've met a boy on Facebook. He's not one of my friends, or my friends, friends. He just contacted me randomly. His profile picture shows he's really good looking and we get on really well. I'm 16 and have not had many boyfriends and I'm really flattered by him. He's already told me that he loves

me. I live in Leicester and he lives in London. He has asked me to come down and visit him for the weekend. My mum would never let me go, so if I did I would have to tell her I was staying with a friend. I'm not sure what to do.

Kyle & Ainsley say: If you don't know the person as well as you should, then you shouldn't be making that type of connection with him. If you are thinking about seeing him, then you must let somebody know where you are going and who you are going to see.





## Staff Profile

My name is Garfield James Patterson and I am a Sessional Worker at Park Lodge. I have three children named Brooke, Theo and Romy, who are fourteen, four and sixteen months. I have always been in the sales industry but that work can be a bit stressful, which is why I came to work at Park Lodge Project. I started working here two years ago hoping to make the lives of the young adults in the hostel better which I am still aiming to do. My hobbies include watching football, I am a Man Utd supporter, I also love spending time with my kids. I currently promote and DJ at a club in town playing every kind of music.

I have three brothers and one sister. Two of my brothers live in the USA and the others in Leicester. I also have a cousin in New Jersey, USA which is why I travel there every year to see family and friends. All of the people in Park Lodge are fun to work with including the residents and I hope to gain a full time position doing youth work on completion of my NVQ 3 in Youth Work.



## A poem by Adam I.T Levin

### Words Is all I have

The world has lost it's glory  
Lets make a brand new story  
My Love

You fell from up above  
Words is all I have to take your heart away  
Follow me this way  
Da da da da da  
La la la la la  
Words is all I have to take your heart away.



© Mystic Arts, LLC

## COMMUNITY MEMBER INTERVIEW

Interview with Bryan (neighbour) By KYLE BRADBURY, Park Lodge Project

Bryan moved here with his family in 1984, so has lived here for twenty seven years (that's nearly twice my age hehe). Bryan's opinions of the community are very positive, he says the area is a friendly place, the people are nice and cheerful and it is a safe place to live. When Bryan first moved in he didn't know that Park Lodge Project was next door, he said it was very different twenty years ago; there was a lot more noise at the weekend which used to disturb his baby and for this reason he decided to put his self on the Management Committee.

Everyone Bryan knows in the community also speaks positively about Park Lodge Project and also believes its good to help young people progress. Bryan says there is not enough activity's for the young people in the area to do and thinks there should be more social events to enable the community to support each other better such as, quiz nights, games on Victoria Park, and a visit to older members of the community to offer our help and support.

Bryan's final question to me was "what do you think makes a good neighbour" I said "to say hello and greet people in a friendly way, feel able to knock on next door to ask for help if I'm stuck and that people are on my side.

We would like to say THANK YOU to Bryan for his time and his wife for the lovely lemon cake; they made us feel very welcome in his home.



## Thank You

From all of the residents at Park Lodge, we would like to say a very special thank you to all of our neighbours for the support we received over Christmas. You were all very thoughtful and generous, which made us all here feel very special.

Thank you and we hope that you enjoy the Easter edition of Happenin'z

P.S. Please come in and see us if you don't get the Sudoku puzzle and want the answer!

